Contents

INTRODUCTION TO THE CONTINUING EDUCATION (CE)
CONTACT HOUR APPLICATION PROCESS ........................................ V

CHAPTER 1. Taking the Certification Examination ......................... 1
        General Suggestions for Preparing for the Exam
        About the Certification Exams

CHAPTER 2. Ethical and Legal Issues ...................................... 9
        Ethics
        Ethical Principles
        Regulation of Nursing Practice
        Legal Aspects

CHAPTER 3. Theory: Nursing and Health ................................ 21
        General Comments Regarding Theory
        Nursing Theory
        Human Behavior
        Community-Level Behavior Change
        Organizational Change
        Family Dynamics
        Crisis Theory

CHAPTER 4. Leadership .......................................................... 33
        Leadership
        Team Building
        Case Management
        Total Quality Management
        Continuous Quality Improvement
        Outcome Evaluation
        Program Certification
        Magnet Recognition Program

CHAPTER 5. Research ............................................................. 43
        Problem Identification
        Research Method
        Qualitative Methods
        Ensuring Trustworthiness
        Quantitative Methods
        Data Collection Strategies
        Protection of Human Rights
        Data Analysis
        Evidence-Based Practice
        Outcomes Evaluation
Inflammation
Atherosclerosis
Thrombosis and Embolism
Altered Vascular Function
Altered Cardiac Function

CHAPTER 12. Cardiac and Vascular Assessment ............................... 163
Basic Principles
Subjective Information (History)
Physical Examination
Diagnostic Tests
Laboratory Tests Using Blood
Noninvasive Diagnostic Testing
Diagnostic Ultrasonography
Diagnostic Testing Using Radionuclides
Invasive Diagnostic Testing

CHAPTER 13. Cardiac and Vascular Disease Manifestations .......... 201
Angina Pectoris
Myocardial Infarction
Valvular Heart Disease
Mitral Stenosis
Mitral Regurgitation
Aortic Stenosis
Aortic Regurgitation
Infective Endocarditis
Acute Pericarditis
Dilated Congestive Cardiomyopathy
Hypertrophic Cardiomyopathy
Restrictive Cardiomyopathy
Heart Failure
Atrial Fibrillation
Atrial Flutter
First-Degree Atrioventricular Block
Second-Degree Atrioventricular Block Type I
Second-Degree Atrioventricular Block Type II
Third-Degree Atrioventricular Block, Complete Heart Block
Ventricular Tachycardia
Ventricular Fibrillation
Sudden Cardiac Death
Pulmonary Artery Hypertension
Carotid Artery Occlusive Disease
Acute Management of Thrombotic CVA
Abdominal Aortic Aneurysm
Upper Extremity Arterial Occlusive Disease
Lower Extremity Arterial Occlusive Disease
Deep Vein Thrombosis
Chronic Venous Insufficiency
CHAPTER 14. Invasive Management of Cardiac and Vascular Disease ........................................ 273
Percutaneous Coronary Intervention
Coronary Atherectomy
Percutaneous Transluminal Angioplasty of the Lower Extremity
Percutaneous Transluminal Angioplasty of the Carotid Artery
Percutaneous Transluminal Angioplasty of the Renal Artery
Percutaneous Balloon Valvuloplasty
Pacemakers
Implantable Cardioverter Defibrillator
Coronary Artery Bypass Graft Surgery
Valvular Repair and Valvular Replacement
Arterial Bypass Surgery
Aneurysm Repair
Carotid Endarterectomy
Peripheral Thromboembolectomy
Overview of Cardiac Transplantation

CHAPTER 15. Cardiovascular Pharmacology ................................................................. 317
Adrenergic Group
Inotropic Agents
Antidysrhythmics
Vasodilators
Calcium Channel Blockers
Drugs Influencing the Renin-Angiotensin-Aldosterone System
Diuretics
Anticoagulant, Antithrombotic, and Thrombolytic Drugs
Antihyperlipidemics
Other Approaches to Hyperlipidemia

CHAPTER 16. Special Situations ................................................................................. 355
Emergency Conditions
Acute Heart Failure and Pulmonary Edema
Race, Ethnic, Gender, and Cultural Considerations
Comorbid or Concomitant Conditions
Specific Nursing Interventions

CHAPTER 17. Psychosocial Aspects ........................................................................ 371
Coping and Adaptation
Quality of Life

APPENDIX A. Review Questions ................................................................. 381
APPENDIX B. Answers to the Review Questions ........................................... 391
INDEX ............................................................................................................. 397
ABOUT THE AUTHOR ..................................................................................... 409